

Remarkable figures in the women rights fight in Poland



Kasia Koczulap

- The most popular Polish sex educator and LGBTQ+ activist.
- She started working in 2018.
- Kasia has a master's degree in prison, penitentiary and corrective psychology. Then she finished her postgraduate studies in sexual psychology.
- Even though she is not a politician, because of her tremendous clout, she enormously influences people in Poland.



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Kasia Koczulap (ona/jej)

Personal blog

I want to change your sex life for the better by educating about sex without taboo 💪

✉ contact [at] coztymseksem.pl

Download my sex ed app! ↓

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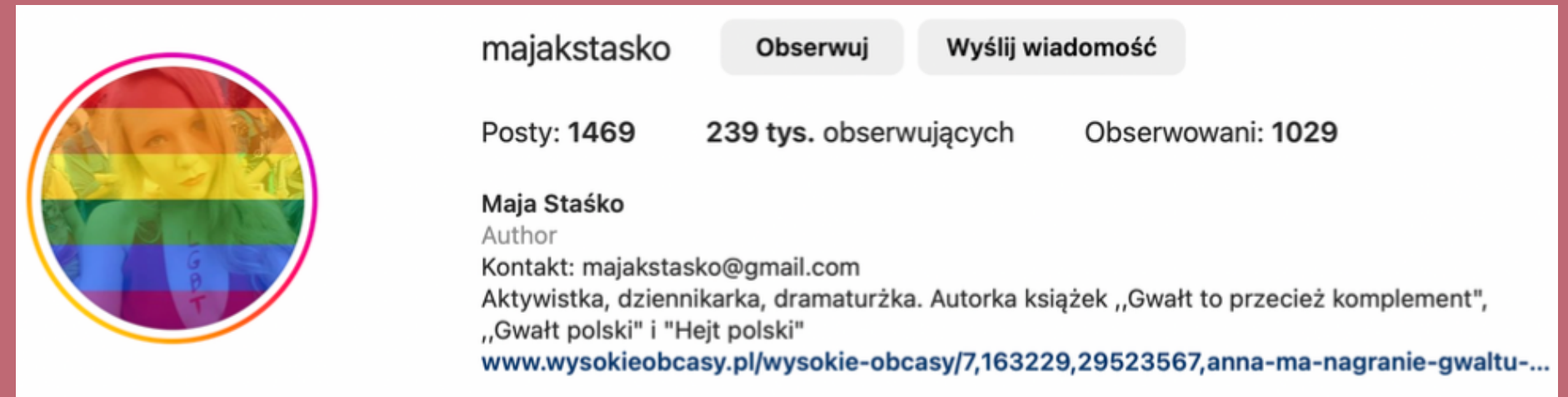
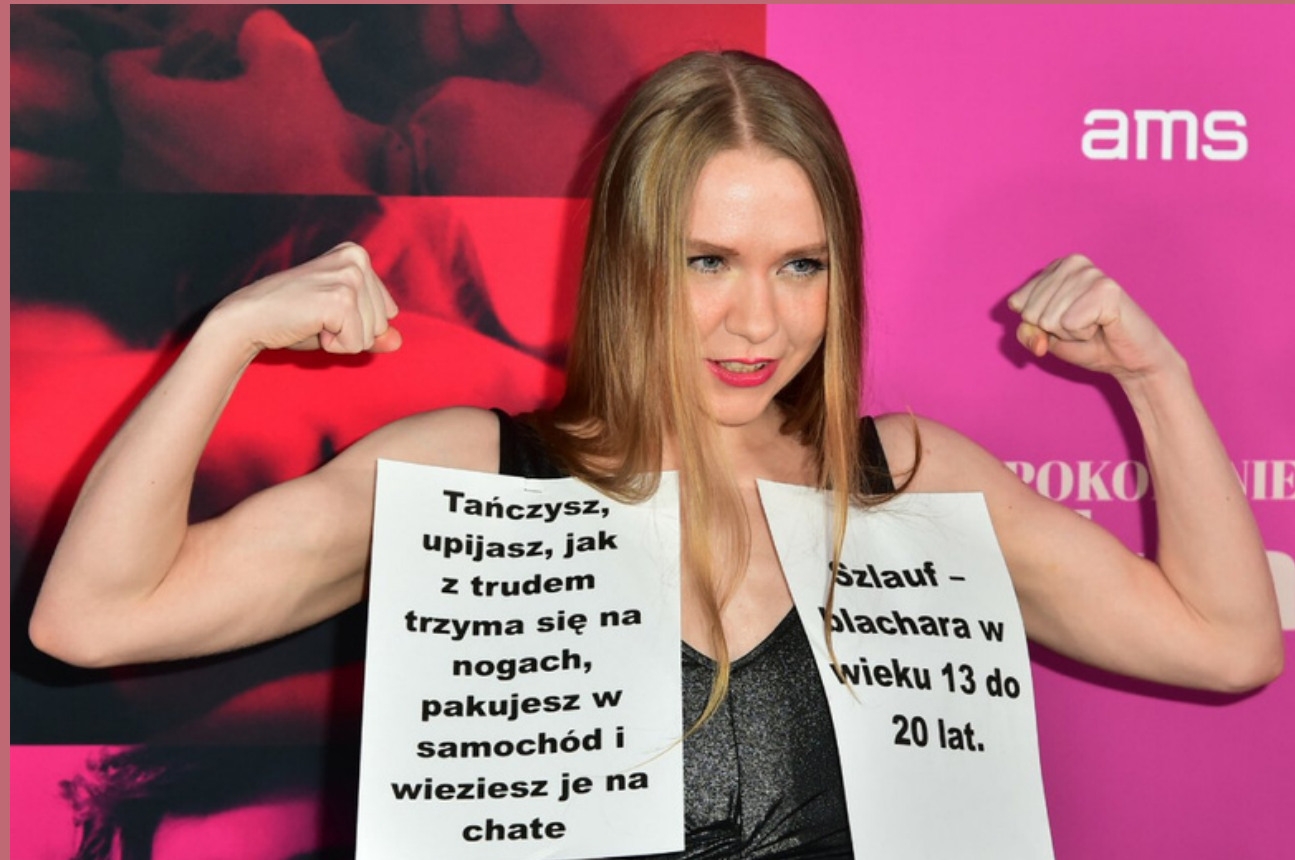
Martyna Wojciechowska

- TV presenter, traveller, journalist, writer and social activist;
- Presenter of the television series "Kobieta na krańcu świata", (Woman at the End of the World) which she is the most associated with;
- She establish foundation UNaweza which helps women in: Poland, Ukraine, Bolivia, Mexico, Tanzania and Madagascar;
- Winner of 6 international awards for her social efforts;
- She says, "I'm, at some point an amabsador of women that are connected by the universal values."



Maja Staśko

- Journalist, playwright, activist and feminist who supports victims of sexual violence.
- A co-founder of the Forget-Me-Not Association.



- She participates in #MeToo movement. Together with the writer Joanna Lech, they talked on the topic of sexism in the Polish literature, creating the "Poetic Table of Sexists"
- She runs her own accounts on Instagram and Facebook, where she raises topics related to sexual violence, social feminism and exploitation.
- Author of the books "Rape is a compliment", "Polish rape" and "Polish hate"

Paulina

Kuczalska-Reinschmit

- One of the first Polish feminists
- Started her activism in 1881 by publishing articles in major Polish newspapers
- In 1895 she established a fully dedicated women's rights newspaper 'Ster'
- She formed Związek Równouprawnienia Kobiet Polskich in 1907



Martyna Kaczmarek



- model, writer,
- She took part in Top Model 11 in Poland as the first "plus-sized woman"
- wrote a bestseller book "feMYnizm"
- feminist and body positivity activist
- social activist
- Founder and Chairwoman of the Board (Fundacja Dzień dla Życia)

