Remarkable figures in the women rights fight in Poland



Kasia Koczułap

- The most popular Polish sex educator and LGBTQ+ activist.
- She started working in 2018.
- Kasia has a master's degree in prison, penitentiary and corrective psychology. Then she finished her postgraduate studies in sexual psychology.
- Even though she is not a politician, because of her tremendous clout, she enormously influences people in Poland.



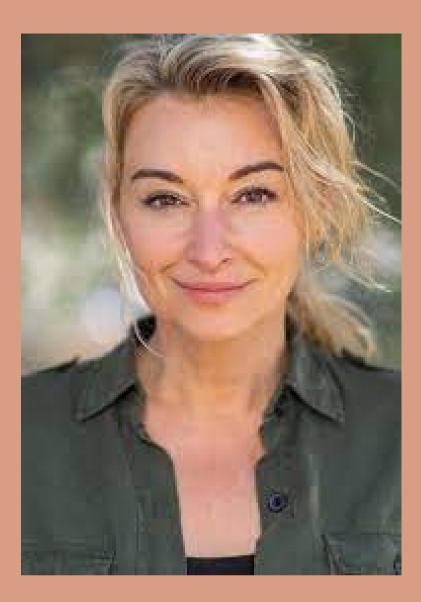
Kasia Koczułap (ona/jej) Personal blog I want to change your sex life for the better by educating about sex without taboo contact [at] coztymseksem.pl Download my sex ed app! See original apps.apple.com/pl/app/co-z-tym-seksem/id152670...



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Martyna Wojciechowska

- TV presenter, traveller, journalist, writer and social activist;
- Presenter of the television series "Kobieta na krańcu świata", (Woman at the End of the World) which she is the most associated with;
- She establish foundation UNAWEZA which helps women in: Poland, Ukranie, Bolivia, Mexico, Tanzania and Madagascar;
- Winner of 6 international awards for her social efforts:
- She says, "I'm, at some point an amabsador of women that are connected by the universal values."





Maja Staśko

- Journalist, playwright, activist and feminist who supports victims of sexual violence.
- A co-founder of the Forget-Me-Not Association.





Obserwuj Wyślij wiadomość 239 tys. obserwujących Obserwowani: 1029

majakstasko Posty: 1469 Maja Staśko Author Kontakt: majakstasko@gmail.com Aktywistka, dziennikarka, dramaturżka. Autorka ksiażek "Gwałt to przecież komplement", "Gwałt polski" i "Hejt polski" www.wysokieobcasy.pl/wysokie-obcasy/7,163229,29523567,anna-ma-nagranie-gwaltu-...

- "Poetic Table of Sexists"
- rape" and "Polish hate"

• She participates in #MeToo movement. Together with the writer Joanna Lech, they talked on the topic of sexism in the Polish literature, creating the

• She runs her own accounts on Instagram and

Facebook, where she raises topics related to sexual violence, social feminism and exploitation.

• Author of the books "Rape is a compliment", "Polish

Paulina

Kuczalska-Reinschmit

- One of the first Polish feminists
- Started her activism in 1881 by publishing articles in major Polish newspapers
- In 1895 she established a fully dedicated women's rights newspaper 'Ster'
- She formed Związek Równouprawnienia Kobiet Polskich in 1907



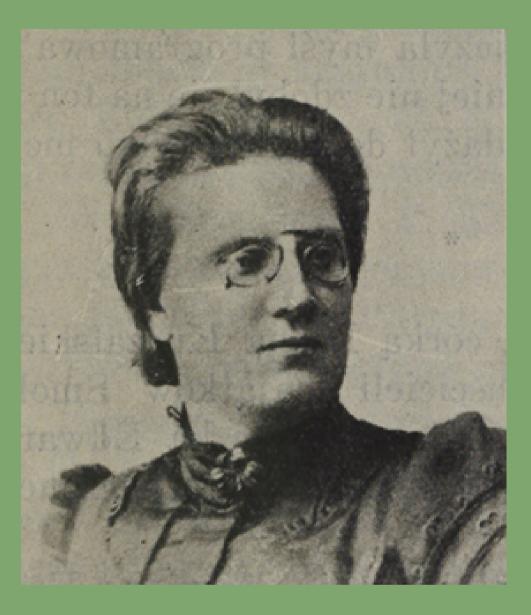
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Od Redakcji.

Zewsząd słychać tłumione prawie, obojętne twierdzenie - że po wybuchowym płomieniu, chwili marzeń o wolności-śpi znowu wszystko. A jednak... Gdyśmy lat temu trzy, puszczały w świat pierwszy numer STERU mówiono name "zginiacie-bo kobiety polskie, ani pragnąć, ani pragnień wypowia-

dać nie umicją".

Tak przepowiadali przyjaciele - a STER trwa... Trzy lata STER utrzymuje się na swoj ideowej placówce mimo ogólnej apatji, bierności i "niepalenia się* do sprawy wyzwolenia kobiet.



Martyna Kaczmarek



- model, writer,
- She took part in Top Model 11 in Poland as the first "plus-sized woman"
- wrote a bestseller book "feMYnizm"
- feminist and body positivity activist
- social activist
- Founder and Chairwoman of the Board (Fundacja Dzień dla Życia)

