



Famous Polish Female Figures

A black and white portrait of a woman with long, wavy blonde hair and dark lipstick, looking directly at the camera. The background is blurred, showing other people. Decorative elements include purple diagonal lines in the top left, a purple circle on the left, a green circle on the right, and a green circle at the bottom left.

Anja Rubik

Anja Rubik is a Polish supermodel,
feminist and writer.

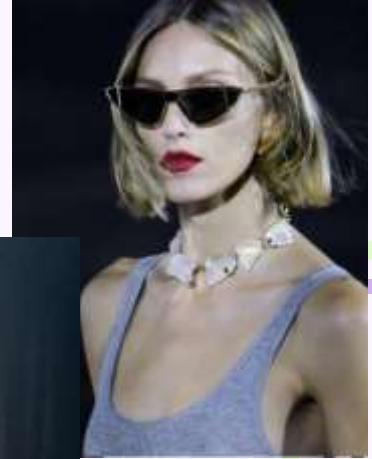




Anja Rubik is one of the most popular Polish models. Since she was **15**, she has been working for the biggest brands in the world. She has been taking part in many advertising campaigns for the most prestigious companies and she has been working with the **most popular photographers**. As a **model**, she achieved everything but her professional activity is not only catwalks or photoshoots. Anja likes emphasizing that she is a **feminist** and she is more often interviewed about her activism and activities related to the foundation than about fashion.



Anja Rubik





The list of brands and designers that **Anja Rubik** has worked for is long. It includes for example Dior, Emporio Armani, Kenzo, and Chanel. Since 2010 she has been the face of the Polish jewellery brand Apart. Anja has been on the covers of the most important fashion magazines, like "Vogue", "Numéro", "Elle", "Harper's Bazaar" and "Glamour".

She belongs to agencies: Next (London, Milan, New York, Paris), Modelwerk (Hamburg), D-Vision (Warsaw).

Her presence at a fashion show is not so much necessary as simply prestigious. It raises the rank of the event and is a sign the collection or photoshoot are of good quality.

She has achieved a spectacular success but recently she has used her social standing mainly to fight for women's rights and access to sex education for young people in Poland.



Career

When she was **14**, she decided that she would find a modeling agency. She went out on the **catwalk for the first time in Milan**. When she was **15**, she made a very hard decision about moving out to Paris, where she didn't know anybody and she didn't speak French. She found: 12-square meter flat without a window, a job, and a British school. Agency was proud of her, she was making money but she wanted to achieve even more.

After passing her high school exit exam, she moved to **New York**. In the USA her professional life developed - the fashion world appreciated her beauty, slim figure and photogenic qualities.

Anja Rubik



Social activism

Successful woman, who has a big impact on her fans, decided to use her popularity for a good purpose. **Anja Rubik** often speaks out on **political** and **social issues**. On her Instagram, she encouraged people to take part in the presidential elections or showed support for protesters. She took part in protests against the tightening of abortion laws and she is the face and originator of the #SEXEDpl campaign.

She fights courageously for the rights of those people who can't fight for themselves. She combats violence against women, promotes sex education, and supports disabled people!

For several years she has been involved in social campaigns for **environmental protection** – for example, she is an ambassador for Parley for the Oceans. Anja Rubik's activities and her book were appreciated by international activists, for example, UNFPA (United Nations Population Fund) for which the model spoke on the panel “When Women Lead: High Level Dialogue”.

Anja Rubik



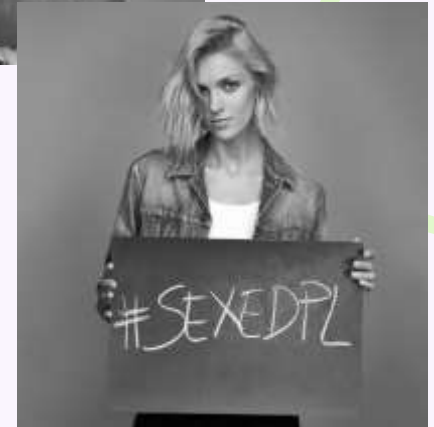
#SEXEDpl

Anja Rubik has been volunteering for free sex education for several years. Her idea about #SEXEDpl gained popularity in Poland, where talking about safe sex is still considered taboo and young people haven't got basic sex education.

The model published a book “#SEXEDPL. Anja Rubik's talks about adolescence, love, and sex.”, which she wrote together with experts – psychologists and sexologists. This book turned out to be a real bestseller in Poland.

The #SEXEDpl foundation has been active since 2017, educating and giving the right help to hundreds of people each week. Its goal is to **destroy myths and stereotypes** about sex education, increase knowledge of these topics in the community, **support teenagers** during adolescence, make preventive testing for sexually transmitted diseases more popular, **educate about sexual violence and how to react to it.**

Anja Rubik





**‘You often have to go against
difficulties and take some risk.
Most of all I believe that
everybody gets an opportunity but
you have to know what to do with
it. My motto is that ‘it is better to
try and then regret that, than
regret that you didn’t try”**

~ Anja Rubik



**'I think that you have
to be the creator of
your destiny and
create situations that
will help to develop
your career'**

~ Anja said in one of the interviews



Olga Tokarczuk

Olga Tokarczuk is a Polish writer,
screenwriter, activist and psychologist.



Olga Tokarczuk

Olga Tokarczuk is a famous and one of the most successful Polish modern writers. She is particularly noted for the mythical tone of her works. She had several novels, poems and some shorter prose texts (essays) published. In 2018 she was **awarded the Nobel Prize in literature**. She also won plenty of other awards for her books.

Olga Tokarczuk is also an **activist, psychologist and screenwriter**. She studied **psychology** at the University of Warsaw.



Olga Tokarczuk



2014 (2021)

Księgi Jakubowe
(The Books of Jacob)

2007 (2018)
Bieguni (Flights)



2010 (2010)
Prawiek i inne
czasy (Primeval and
Other Times)

1998 (2003)
Dom dzienny, dom
nocny (House of Day,
House of Night)



Career

Her **first book** was published in 1989. It was entitled "Miasta w lustrach" (The Cities in Mirrors). **The first novel** she wrote was "Podróż ludzi księgi" (The Journey of Book-People). Since then she has created many other works on variety of topics. Now she is known as one of the **top prose authors in Poland**. One of her books called "Prowadź swój pług przez kości umarłych" became the basis of a **crime film "Pokot"** (Spoor), directed by Agnieszka Holland. She won the Nobel Prize in Literature in 2018. She was awarded "for a narrative imagination that with encyclopedic passion represents the crossing of boundaries as a form of life.". It was announced by the Swedish Academy on 10 October 2019.



Other awards



Man Booker International Prize

For “Bieguni”



Nike Award

(the most important
Polish literary accolade)
For “Bieguni” and “Księgi
Jakubowe”



Vilenica Prize



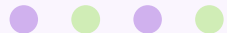
Activism and social life

Olga Tokarczuk does her best to **support other people**. She fights for women rights and supports the LGBTQ+ community. She speaks out on environmental problems and is an ecology promoter.

In 2015 she became the co-host of **Festiwal Góry Literatry** (The Heights of Literature Festival), which educates people and allows them to **take part in many workshops, debates or exhibitions**.

In 2019 she **established a foundation**, which in 2020 started its work in order to **create a progressive intellectual and artistic centre**. It enforces many scholarships, educational sessions, writing contests and debates.

Olga Tokarczuk





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“The prison is not
outside, but inside each
of us. Perhaps we
simply don't know how
to live without it.”





**Thanks for your
attention!**

